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FEBRUARY 2024

SARATOGA SENIOR CENTER

FEBRUARY FOOD & FUN

Pennell's Restaurant | Tuesday, February 6, 5:30pm | Must RSVP | \$12 per dinner.
Chicken Parmesan served with pasta & marinara sauce, salad and rolls.



Please join us for our guest chef dinners at the new center! Meet new friends and enjoy a delicious restaurant meal at an affordable price. Sells out quick-sign up early. Dinner is held at the new Senior Center.

SOUP-ER Bowl Friday | Friday, February 9, 11am | \$4 per cup (while supplies last)

Come by the Center and warm up with some delicious homemade tortellini soup.

Valentines Day Breakfast

Friday, February 16, 9:30am | \$10 | RSVP
Breakfast will be provided by Omelette King Catering. Enjoy omelettes, homefries, coffee and complimentary mimosa tasting.

Valentines Day Party

Wednesday, February 14, 2pm | \$10 | RSVP
Come spread the love at the Center. Join us for live music by Jeff Brisbin. Mac n cheese, ice cream & more will be provided.

Speed Friending- A Great Way to Make Friends | Wednesday, February 28, 2pm | \$10 | RSVP

We're all familiar with the concept of speed dating. Speed friending is its more innocent cousin; quick, short conversations where the goal is to meet new people. Pasta with marinara sauce, ice cream, complimentary tasting and more will be provided.

2024 MEDICARE PLAN CHANGES

Medicare

Are you happy and covered in 2024 by your current plan? Did you know you can still change plans until 3/31?

NY Connects Outreach & Health Insurance Info Session | Monday, February 12, 1pm-2pm

Please see insert from the Saratoga County Department of Aging & Youth Services for more information.

Special Expo- Answers to Your Medicare Questions | Monday, February 12, 2:30pm- 4pm

Meet one on one with Medicare/ insurance companies. Including CDPHP, Epic, Highmark, MVP and more.

MEMBER PERK- RENEW NOW!

Free Fridays at the YMCA

For February, any Senior Center member can use the YMCA for **FREE on Fridays**. Wanted to try out the Y but haven't yet? Now is your time! All members **must present a valid ID** before entering the Y through the Senior Center. Must be a current member of the Senior Center.

YMCA MISSION: The Y is dedicated to providing comprehensive programs and services that enrich communities — and all of the people who live in them — across the country in fulfillment of our mission.

MONTHLY MEMBER MEETING

Saratoga Senior Center Member Meeting | Monday, February 5, 1pm

Join us for our monthly member meeting! Bring your questions, concerns and suggestions for Senior Center staff, and a board member or two. Open to all members, no registration needed.

Thank you to our newsletter sponsors for their continue support!



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SARATOGA SENIOR CENTER



Hours: Monday-Friday 8am-4pm.

290 West Avenue Suite 1, Saratoga Springs, NY • (518) 584-1621

• saratogaseniorcenter.org

OUR MISSION: Since 1955 the mission of the Saratoga Senior Center is to empower seniors to achieve and maintain personal independence and individual well-being by providing the program structure and support services necessary for healthy recreation, companionship, social involvement, and problem solving.

FREE PRESENTATIONS

Balance & Fall Prevention presented by Capital Area Physical Therapy & Wellness | **Friday February 9, 9am** | **Please sign up** | Capital Area Physical Therapy & Wellness staff will provide an informative presentation regarding balance and preventing fall related injuries. Q & A to follow. The first 5 individuals to register for the presentation will receive a FREE balance screening.

“Love Your Brain” presented by Alzheimer’s Association of Northeastern NY | **Thursday February 15, 2pm** | **RSVP** | Come learn 10 healthy habits for your brain. We will have in depth conversation regarding maintaining brain health throughout the lifespan, and give real life tips and guidance so anyone can become empowered to make healthy choices for their brain and body health. Refreshments provided.

The Art of Feng Shui Living presented by Rene Nielson | **Friday, February 23, 1:30pm** | **Please sign up** | Connect to your intuitive senses. Learn the basics of Feng Shui and Interior Design and how to incorporate these principles into every day living. Creating beautiful spaces in your home or office will enhance all areas your life. Come and open your world to new beginnings!

FREE EVENTS/CLASSES

***The following programs and classes are free and open to Saratoga County residents ages 60+. You do not need to be a member of the Saratoga Senior Center to participate in these programs and classes. These programs and classes were made possible by the New York State Office for the Aging and Saratoga County Department of Aging and Youth Services. Space is limited-RSVP-first come first served. Your date of birth and address will need to be provided.**

Daytime Trivia facilitated by Kevin Riley | **Friday February 2 & February 16, 2pm**
Daytime trivia is coming to the Center! Trivia questions range from easy questions on famous events from the 1950’s and 60’s to topics on pop culture and movies from the 70’s and is a great way to boost brain power while socializing and having fun.

Country Line Dancing facilitated by Kevin Richards | **Thursday February 1, February 8, February 22, & February 29, 2:30pm**

Get ready to boot, scoot and boogie! Come by the Center and join CMA Winner Kevin Richards for basic beginner country line dance lessons. No experience needed.

Opera Saratoga | **Monday February 12 & February 26, 1:30pm**

Join us for a performance by Opera Saratoga Songs By Heart artists Angelina Valente and John Benware. Sing a-long, dance, and reminisce with music at this fun filled performance.

Soul Line Dancing facilitated by Mary & Frank Colby | **Tuesdays, 1:30pm**

Soul Line Dancing can be done by all. It is no pressure, fun dancing and you don’t need a partner. Mary and Frank will have you dancing some familiar dances but they also add their personal touch and bring in oldies, latin and more.

Legal Tuesdays – Herzog in the House | **Tuesday, February 27, 9am-12pm** | **Must sign up**

Herzog Law Firm will be onsite at the Center, 9 am-12 pm, the last Tuesday of each month. Sign up for a free, half-hour consultation and bring your legal questions and concerns, from designating a Power of Attorney or Healthcare Proxy to more detailed long-term planning

MORE FEBRUARY HAPPENINGS

Poetry/Storytelling Open Mic | **Friday, February 9, 1pm** | **Please sign up** | **\$5 suggested donation**

The program will begin with a reading by local poet Jay Rogoff, followed by the open mic. Each open mic participant has five minutes to read two short poems or one long one. Storytellers have five minutes to tell, narrate or perform their piece. Please be respectful of your fellow writers by reading for five minutes or less. Lite refreshments will be served.

Barber at the Center | **Monday February 26, 9am-12pm** | **\$5 haircuts for men.**

Ryan and a guest barber will be coming to the Center to cut our male members’ hair. Call the front desk to make an appointment.

Apple Workshops facilitated by Stephen Ramirez | **Friday, February 16, 1pm-2:30pm** | *Please sign up*

In this presentation the discussion will center on the topic of streaming, which is basically viewing television content via the internet using apps: what is it, terminology, hardware and apps will be explained and discussed. The AppleTV 4K streaming box with tvOS 17.2 will be demonstrated.

Game Day | **Friday, February 23, 10:30am** | **FREE** | **Please sign up**

Join us for another fun filled game day! Come play generational Trivial Pursuit, The Game of Life, Scrabble and more. While you’re playing enjoy some delicious ice cream.

SENIOR SUPPORT SERVICES - HERE FOR YOU!

Senior Support Services has staff members, volunteers, and student interns available to help you with things that you need. We can connect you to local resources, health organizations, social services, or advocate on your behalf. Our “Community Connections” volunteers can fill many gaps when other agencies are not able to.

Call 518-584-1621, extension 2010

Our ongoing services include:

- Information and referral for local and national resources
- Senior Life Transitions: Coaching, navigation assistance, and advocacy for seniors with serious illness. Assistance with planning to AGE IN PLACE.
- Community Connections:Volunteers can assist with transportation, grocery shopping, light yardwork, friendly visiting/caregiver assistance & more.
- Partnerships with local organizations like Alzheimers Association (regular office hours), Parkinsons, medical, and health insurance community.
- Transportation: Volunteers to assist with rides to medical appointments, pharmacies, dentists, the Senior Center, and more. A Price Chopper shuttle from several housing sites on Wednesdays.

SUPPORT AND PEER GROUPS



Memory Cafe. 11am-12:30pm, 1st Friday of every month.

The memory café offers an interactive, supportive, welcoming environment for caregivers and their loved ones who are experiencing memory loss due to Alzheimer’s or other dementia. .

Alzheimer’s Caregiver Support Group. 11am-12:30pm, 2nd Friday of every month.

Being a caregiver can present exhausting challenges and take a significant toll on your health. Support groups bring together people who are going through or have gone through similar experiences. This support group provides an opportunity for caregivers to share personal experiences and feelings, coping strategies, or firsthand information about this disease.

Parkinsons Support & Discussion Group facilitated by Gordon Blyth & Marie Thorne * FEBRUARY ONLY venue change* Saratoga YMCA, 290 West Avenue, 2nd Floor, Saratoga Springs, NY 12866 | February 13, 2 - 3 PM

Dr. Cay Anderson will bring her Pre-Med students to do testing on our Parkinson’s Support Group, for more information go to www.myipaces.org. **The group will return to the Saratoga Senior Center on March 18.**

Grief and Loss Support & Discussion Group facilitated by Lois Streit, MSW .

Second & Fourth Tuesday of the Month. 2:00- 3:00pm.

Whatever type of loss you’ve suffered, there’s no right or wrong way to grieve. Often, the pain of loss can feel overwhelming. Coping with the loss of someone or something you love is one of life’s biggest challenges. Any loss can cause grief, including: divorce or relationship breakup, loss of health, loss of financial stability, retirement, death of a pet, serious illness and more. The purpose of this group is to provide friendship, understanding, and hope.

Saratoga Hospital Bariatric Support Group | Monday, February 5, 6pm-8pm

The Bariatric Support Group is for patients who have gone through bariatric surgery or are considering surgery. No need to register just show up! Our topic for February is “Setting and Achieving Goals”

Alzheimer’s Support Group sponsored by Leon Goldberg’s Charitable Trust.

Thank You!

-Bill Gervasio for performing for our members.

-Rennie for creating balloon art for our members.

-Charlie Kuenzel for presenting for our members.

-YMCA for providing FREE Fridays for our members and for partnering with us for the SilverSneakers & Renew Active Luncheon.

-Kevin Ferguson from Collette for your informative trip presentation.

-Dr. David Pratt for your informative presentation.

-Barry Lafredo for your informative presentation.

-AARP for providing a safe driver course.

-Olde Bryan Inn for our delicious dinner.

-MVP for providing Medicare Advantage information.

-Regional Food Bank for the Gratitude grant.

-Alfred Z. Solomon Charitable Trust for the madcap hats and horses grant.

Thank you to all our volunteers! You keep our world rockin’!

COLLETTE EXCURSIONS

We travel not to escape life, but for life not to escape us.



2024 TRIPS *Are any of these on your bucket list?*

Discover South Dakota
June 7-13, 2024
Iceland: Land of Fire & Ice
July 21-30, 2024

Spotlight on Tuscany
August 14-22, 2024
Greece Island Hopper
September 28-Oct. 8, 2024.

Spains Classics & Portugal
October 12-26, 2024
Southern Charm
December 2-8, 2024

2025 TRIPS

Treasures of Egypt
January 16-27, 2025
Iceland's Magical Northern Lights
February 11-17, 2025

Shades of Ireland
March 13-25, 2025
Holland & Belgium
Springtime River Cruise
April 22-30, 2025

London & Paris
May 7-15, 2025

More trips to come!

TRIP POLICY

Van trips are for members only. One day bus trips are open to anyone regardless of age or residence. Multi-day bus trips and excursions are open to anyone regardless of age or residence.

- There are no refunds for van or bus trips unless canceled by the Center.
- All times for our van trips are approximate. We do not guarantee a return time to the Center.

2024 ONE DAY BUS TRIPS- OPEN TO THE PUBLIC

Philadelphia Thursday May 2, 2024

Enjoy a day on your own in Philadelphia! Lunch on your own. Optional Hop on Hop off bus tour through Philadelphia. Tickets can be purchased day of. Hop on Hop off bus departs every 30-45 minutes from 9:30am -5:00pm and visits 28 distinct stops. Visit the Liberty Bell, Rocky Statue and more.

Trip Cost: \$82 per person

Boston

Thursday June 13, 2024

Enjoy a day on your own in Boston! Lunch on your own. Visit Quincy Market, Faneuil Hall and more. Optional visit to the New England Aquarium. Group rate admission costs for the New England Aquarium is \$25 for Seniors (60+) or \$27 for adults (under 60). **If you would like to go to the New England Aquarium please sign up by no later than May 13th.** The front desk will collect payment for the cost of the aquarium in addition to the cost for the trip.

Trip Cost: \$70 per person

Skaneateles
Thursday June 13, 2024
Details and pricing TBD.

Lake Placid
Thursday October 10, 2024
Details and pricing TBD.

New York City
Wednesday December 4, 2024
Details and pricing TBD.

PROCTORS VAN TRIPS

- **BEETLEJUICE** - June 20th, 2024. Matinee. \$86 per person. Purchase tickets by April 1st, 2024. It's showtime! Based on Tim Burton's dearly beloved film, this hilarious musical tells the story of Lydia Deetz, a strange and unusual teenager whose whole life changes when she meets a recently deceased couple and a demon with a thing for stripes.

VAN TRIPS

Troy Savings Bank Music Hall- Music @ Noon | Tuesday, February 13

Enjoy a FREE korean classical fusion concert by CelloGayageum. After, enjoy lunch at Alexis Diner.

Pay \$10 at sign up. Bring lunch money. Leave the Center at 11am. Return about 3:45pm

Hildene, The Lincoln Family Home | Friday, February 16 | Sign up by Friday 2/9

A guided tour of Hildene, The Lincoln Family Home in Manchester, VT. Robert and Mary Lincoln built Hildene as a summer home at the turn of the 20th century. Robert was the only child of Abraham and Mary Todd Lincoln to survive to maturity. After the tour, enjoy lunch at Mulligans of Manchester.

Pay \$38 at sign up. Bring lunch money. Leave Center at 8:30am. Return about 3:30 pm.

Adirondack Thunder VS. Reading Royals | Friday, February 23 | Sign up by Thursday 2/22

Come cheer on our Adirondack Thunder hockey team as they take on the Reading Royals in Glens Falls, NY. Popcorn and fountain soda included with each ticket. **Must be able to navigate stairs in the arena.**

Pay \$26 at sign up. Bring money for concession. Leave the Center at 5:30pm. Return about 10pm.

Lunch Bunch- Druthers Clifton Park | Tuesday, February 27

Enjoy lunch at the Druthers Clifton Park location. Druthers offers a menu with elevated comfort food.

Pay \$5 at sign up. Bring lunch money. Leave Center at 12pm. Return about 2:30pm

FEBRUARY HAPPENINGS CONTINUED

Book Club. *New Members Welcome!* Tuesday, February 27, 3pm

This month's book is Mad Honey by Jodi Picoult. Mad Honey is a riveting novel of suspense, an unforgettable love story, and a moving and powerful exploration of the secrets we keep and the risks we take in order to become ourselves.

Tarot Card Reading *facilitated by Mary Shimp* | Thursday, February 29, 10am-2pm | \$5 donation.

Do you have some unanswered questions about your life? A tarot card reading provides insight into what the future holds. Call for a 15 minute appointment.

One-on-One Tech Assistance

Did you receive a new phone, iPad, laptop or smartwatch? Let our savvy students help you. Call front desk to make your private appointment.

ART, ART AND MORE ART! *included in the \$15 monthly activity fee*

***Material fees are utilized to purchase supplies needed for art classes and workshops. Please note that supplies purchased are to remain at the Center for future use and are property of the Center.**

Beginning Handbuilding Clay Arts *facilitated by Chris Knite* | Mondays 12pm-2 pm | \$10 material fee **No experience necessary.** Hand building skills; including useful & decorative pinch pots. Students **must** complete the four week series before they move into the intermediate/advanced class. **Please sign up.**

Intermediate/Advanced Handbuilding Clay Arts *facilitated by Carol Glansberg* | Tuesdays, 12pm-3pm | \$10 material fee | **Please sign up**

Must have intermediate/advanced clay experience.

Stamping Workshop *facilitated by Helen Mastrion* | Wednesday, February 7, 2pm -4pm | \$5 material fee* Make an assortment of valentines day greeting cards. You may choose Helen's design or create your own! Be creative. No experience necessary. **Please sign up, seating is limited.**

Slate Painting Workshop *facilitated by Che Darden* | Friday, February 16, 1:30pm | \$5 material fee* We are offering a slate painting class with the theme of winter in mind. Participants will be using acrylic paint on slate. No experience necessary. **Please sign up, seating is limited.**

Watercolor Workshop *facilitated by Susan Peters* | Tuesday, February 20, 10am | \$5 material fee* Why Watercolor? It is versatile, unpredictable, wonderful, light-filled, colorful. Perfect for beginners and experienced alike. **Please sign up, seating is limited.**

***NEW* Alcohol Ink on Tile Workshop** *facilitated by Deborah Bogosian* | Wednesday, February 21, 1:30pm | \$5 material fee*

Have fun exploring the difference between finished and unfinished tiles using alcohol inks. Come away with personal art worthy of a trivet or a wall mount. **Please sign up, seating is limited.**

Zentangle Art Workshop *facilitated by Katie Long* | Thursday, February 22, 1:30pm | \$5 material fee* Katie will lead you in making botanicals and zendalas. Zentangle is an easy-to-learn and fun way to create beautiful images by drawing structured patterns. **Please sign up, seating is limited.**

FITNESS PROGRAMS *included in the \$15 monthly activity fee*

Come to the Center and check out our fitness classes! Are you a Silver Sneakers or ReNew Active member? Swipe in to waive the monthly activity fee.

- Zumba
- Tai Chi
- SilverSneakers Classic
- Gentle Yoga-COMING IN MARCH
- Strength with Aidan
- Walking Club
- Resistance Bands
- Chair Yoga
- SilverSneakers Circuit

NEW ADDITIONS

Open Ping Pong | Mondays, 9am-12pm | Please sign up

Come by the Center and check out ping pong! Ping Pong is one of the most popular sports in the world. Not sure how to play? Come and learn. No experience needed.

Writing Class *facilitated by Donna Lemere* | Friday February 9 and February 23, 1pm | Please sign up

Donna will lead a creative writing workshop for like-minded individuals interested in a free and fun writing group.

TAX PREPARATION

AARP Tax Preparation | Tuesdays, Beginning February 6 through April 9.

AARP tax assistance is back in person. You must pick up a tax packet from the front desk before your appointment and bring the completed form to your appointment- **Please make your appointment early by calling the Front Desk. Appointments fill up quickly.**

MEDICARE INFORMATION

Medicare Advantage Information: Did you know that Medicare Advantage plans include extra benefits and services focused on your total health? To learn more, stop by the Center and chat with a licensed Medicare Advantage Agent.

- MVP office hours: Mondays, Wednesdays & Thursdays from 9am-1pm. **No office hours 2/14.**



FEBRUARY FUNDRAISERS



Sipping for Seniors on Leap Day Thursday, February 29, 6pm-10pm

2024 gifts us an extra day – let's make it count!
Leap on over to Bailey's this February 29 for a special Sipping for Seniors.



Visit the Hannaford location at 11 Trieble Avenue in Ballston Spa to purchase your bags!

ANNOUNCEMENTS/ REMINDERS

- Scholarships:** Saratoga Senior Center offers scholarships for membership and monthly activity fee. If you're in need of assistance please contact the front desk at 518-584-1621. Money shouldn't be an issue to participate.
- Check In:** Our policy is all members & volunteers must swipe in at the front desk prior to coming into the Center. If you have SilverSneakers or Renew Active please swipe in. This impacts many things including safety & funding.
- Free Table:** The free table is back at the Center! The free table is run by volunteers. Please see rules and parameters posted at the free table.
- Parking:** For van trips, if you drive here please park by the YMCA pavilion and the van will pick you up. If you have any questions please contact the front desk. **YMCA entrance:** If you are a Silver Sneakers, Renew Active, YMCA member, or have a valid drivers license (to be screened), you can enter the Center through the YMCA entrance.
- Storage:** Lockers and coat racks are available for members to store their belongings while at the Center. If you would like to use a locker, please stop by the front desk to receive a key.

February Weekly Programming

"In the coldest February, as in every other month in every other year, the best thing to hold on to in this world is each other."

— Linda Ellerbee

\$15 monthly unlimited class fee. ReNew Active & Silver Sneakers member -

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9am: Tai Chi (No class 2/5)	9am-12pm: Poker	8:45am: Senior Life Transitions Team Mtg. (1st Wednesday)	9am-11am: Women's Pool	9am-12pm: Poker
9am-12pm: Open Ping Pong	9am-9:45am: Silver Sneakers Classic - Joyce	9am-12pm: Poker	10am-10:45am: Silver Sneakers Classic - Joanne	9am-12pm: Intermediate/Advanced Clay Arts
9am-12pm: Barber (see schedule)	9:30am: Mahjong	9:30am: Mosaics	10am: Ukelele	10am: Healthy Bones*
9:30am: Walking Club	10am: Meditation	9:30am-1pm: Rug Hooking	10am-2pm: Tarot Cards (see schedule)	10am: English Paper Piecing Club
10am: Healthy Bones*	12pm: Lunch*	9am: Pinochle	11am: Foodbank	9:45am: Spanish Review (Resumes 2/23)
10am Saratoga Library (2nd Monday)	12:30pm: Mahjong	10am: Knit & Crochet	12pm: Lunch*	11am: Memory Cafe (1st Friday of month)
10am-11am: Chair Yoga	1pm-4pm: Pool League	10am-11am: Zumba	1pm-4pm: Pool League	11am: Caregiver Support Group (2nd Friday of month)
10:15am: Beginning Spanish (No class 2/12)	12pm-3pm: Intermediate/Advanced Clay Arts	12pm: Lunch*	12:30pm: Mahjong	12pm: Lunch*
11:30am: Intermediate Spanish (No class 2/12)	2pm: Grief & Loss (2nd & 4th Tuesday)	12:30pm-4pm: Canasta		1pm: SilverSneakers Circuit
12pm: Lunch*		1pm: Bingo		1pm-4pm: Pool League
12pm: Beginner Clay		1pm: Strength w/Aidan		
12pm-3pm: Bridge		1pm-3pm: Guitar Lessons		
1pm: Resistance Bands		1pm-4pm: Pool League		
1pm-2pm: Chit Chat				
1pm-4pm: Pool League				

*Healthy Bones is offered by the Saratoga County Department of Aging & Youth Services. All participants must have a doctors note. Please call 518-884-4100 for more information.

*Lunch is offered by the Saratoga County Department of Aging & Youth Services. Lunch is open to all Saratoga County Residents ages 60+. To sign up please call 518-363-4020.

JANUARY SPECIAL EVENTS

- February 1 | 2:30pm | Country Line Dancing
- February 2 | 11am | Memory Cafe
- February 2 | 2pm | Daytime Trivia
- February 5 | 1pm | Member Meeting
- February 6 | 1:30pm | Soul Line Dancing
- February 6 | 5:30pm | Dine in Dinner
- February 7 | 2pm | Stamping Workshop
- February 8 | 2:30pm | Country Line Dancing
- February 9 | 9am | Balance & Fall Prevention
- February 9 | 11am | Soup-er Bowl Day
- February 9 | 11am | Caregiver Support Group
- February 9 | 1pm | Poetry/Storytelling Open Mic
- February 9 | 1pm | Writing Class
- February 12 | 10am | Saratoga Library
- February 12 | 1pm | Health Insurance Information Session
- February 12 | 1:30pm | Opera Saratoga
- February 12 | 2:30pm | Special Expo
- February 13 | 1:30pm | Soul Line Dancing
- February 13 | 2pm | Grief & Loss
- February 14 | 2pm | Valentines Day Party
- February 15 | 2pm | Love Your Brain
- February 16 | 9:30am | Valentines Day Breakfast
- February 16 | 1pm | Apple Workshop
- February 16 | 1:30pm | Slate Painting Workshop
- February 16 | 2pm | Daytime Trivia
- February 19 | Closed
- February 20 | 10am | Watercolor Workshop
- February 20 | 1:30 pm | Soul Line Dancing
- February 21 | 1:30pm | Alcohol Ink Workshop
- February 22 | 1:30pm | Zentangle Workshop
- February 22 | 2:30pm | Country Line Dancing
- February 23 | 10:30am | Game Day
- February 23 | 1pm | Writing Class
- February 23 | 1:30pm | Feng Shui Presentation
- February 26 | 9am-12pm | Barber
- February 26 | 1:30pm | Opera Saratoga
- February 27 | 1:30 pm | Soul Line Dancing
- February 27 | 2pm | Grief & Loss
- February 27 | 3pm | Book Club
- February 28 | 2pm | Speed Friending
- February 29 | 2:30pm | Country Line Dancing
- February 29 | 10am-2pm | Tarot Cards