



Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Email: _____

(required for processing)

Phone: _____

- I would like to become a volunteer.
- I or someone I know could benefit from the program.
- I would like to make a contribution in the amount of \$ _____

*(Payable to The Adult & Senior Center of Saratoga,
5 Williams Street, Saratoga Springs, NY 12866)*



(518) 584-1621 | seniorcentervolunteer@gmail.com
5 Williams Street | Saratoga Springs, NY 12866



Your free hour could change a Senior's Life

WHAT IS COMMUNITY CONNECTIONS?

OUR HISTORY

HOW CAN YOU HELP?



The Community Connections Program trains volunteers to provide assistance to seniors in Saratoga County. Our mission is to help seniors age in place and maintain an independent lifestyle by providing assistance when needed.

OUR SERVICES INCLUDE:

- Home visits
- Respite assistance
- Household chores
- Referral to other Saratoga County organizations
- Transportation
- Shopping and errands
- Telephone check-ins

WHO BENEFITS?

- All seniors who need community support or assistance with services
- Caregivers who are caring for a parent, grandparent or spouse who need respite, “an extra set of hands” or assistance with routine tasks in or outside the home
- Volunteers give back to their communities with the time and skills that match their lifestyle
- Our community benefits from matching caring people with those in need

The Community Connections Program was established by the Adult and Senior Center of Saratoga and funded by the Saratoga County Office for the Aging. The Adult and Senior Center of Saratoga is a not-for-profit organization located at 5 Williams Street in Saratoga Springs, serving adults and seniors 50 years old or older in Saratoga County by offering a wide array of affordable dinners and lunches; van and bus trips and excursions; social, educational, recreational, artistic, and culturally stimulating programs.

The Adult and Senior Center of Saratoga saw a need for volunteers to help our seniors with everything from transportation to and from the Center, appointments, chores, shopping, information and referrals, respite help and “check-ins” for seniors in need. Our Community Connections Program discovers, recruits, trains and deploys a volunteer group that can be matched with our seniors.

WE NEED VOLUNTEERS OF ALL AGES!

Our volunteers are recruited from the community and are trained and matched with care recipients. Volunteers assist with tasks that appeal to their interests, skills and time restraints, according to their own schedules.

If you would like to become a volunteer, or know someone who could benefit from the program, please fill out and mail the form on the opposite side or contact **The Adult & Senior Center of Saratoga** at (518) 584-1621 or seniorcentervolunteer@gmail.com.

